

**Inclement Weather/School Closings Daily Schedule**

*Dr. Bolton, Ms. Benton, Ms. Bigsby*

8:00-8:45

* Wake up (Good morning!)
	+ Search YouTube for ***Singing Walrus’ Good Morning Song.***
* Teeth Brushing (Practice proper way to brush teeth)
* Toileting (Practice potty training for students who require this)
* Handwashing (Practice proper ways to wash hands)
	+ Wet/Soap/Scrub/Rinse (Sing “Row your boat” or “Twinkle Twinkle Little Star” while washing). Practice properly drying hands.
* **Get dressed for the day as if going to school.**

8:45-9:15

* Breakfast with family
	+ Spend time having morning conversations, even if child is non-verbal. Great time for morning social skills.
	+ Practice feeding, for those who require assistance,
	+ Practice drinking from a cup or straw for those who require assistance.
	+ Remember to have children use utensils with foods that require them.
	+ Have children throw their own food away and clean-up after themselves. Continue practicing independency as much as possible.
	+ Give children various tasks throughout the day.

9:15-9:30

* Morning Movement
	+ Go to YouTube and select search for the following songs:
		- 1. Pancake Manor Shake Break (The 5:40 version). Three songs will play. We listen to this each morning.

 

* + - 2. Freeze Dance

 

* + - 3. Pop See Ko 3

 

* + - 4. HaveFunTeaching- Walking Song

 

9:30-10:00

* Writing Practice/Fine Motor Skills
	+ Practice scribbling (as applicable)
	+ Practice coloring inside lines (all students)
		- You can draw shapes for them to color or use coloring sheets.
	+ Practice handwriting names or tracing lines, circles, and letters (as applicable).
	+ Practice cutting snips in paper or cutting simple shapes
	+ Practice buttoning/zipping/snapping/lacing, if applicable.
	+ If you have playdoh or clay, have children build and mold figures.
		- You can also practice cutting playdoh/clay to assist with strengthening fine motor skills.
	+ See the Fine Motor packet in our Google Classroom for more fine motor activities.

10:00-10:15

* Mid-day snack (we normally eat lunch at this time during the day)
* Bathroom Break (Follow same procedures as above)

10:15-10:30

* Story Time 1
	+ Parents can read a story.
	+ Play story video from teachers (Will inform you once posted).
	+ Access [www.myon.com](http://www.myon.com) link for lots of books! See the Google classroom for login directions.
		- Have conversations about story.
		- Review the story.
		- Ask about author, characters, and title.
		- Have students answer questions (nonverbal students can point to pictures)

10:30-11:00

* Math (Monday/Wednesday)
	+ Practice counting up to 20 (PreK goal)
		- For students who can count past 20…keep going as far as you can.
		- For students who know all numbers, practice skip counting by 2’s, 5’s, and 10’s.
			* More advanced, have them match words to numbers. For example: Match the word one to the number 1.
		- Practice writing numbers.
		- Practice putting numbers in order (Spread number cards on table and have child put in order)
			* You can create cards with paper and pencil or index cards.
		- Practice identifying sets that are greater than or less than up to 5.
		- Practice matching numbers to sets. Example: Here’s the number 3. Can you find the picture with three circles?
		- Practicing counting items and one-to-one correspondence. Example: Can you count out three blocks?
		- Practice ordinal positions-first, second/middle, and last/third
		- Matching, identifying, or naming colors and shapes, as necessary.
			* For those who know colors and shapes, have them identify the number of sides of each shape (How many sides does a square have?) or play an “I Spy” game using a colorful children’s book to find something green or blue, etc.
* Literacy (Tuesday/Thursday)
	+ Practice alphabet (Reciting, Identifying, Matching upper to lower, as applicable)
	+ Practice identifying letter sounds and pictures with the same beginning sounds.
	+ Practice site words (As applicable)
* Cooking or Art Activity (Friday)
	+ Search Pinterest for an easy and fun cooking activity or food activity to complete with your child.
	+ Remember to make it simple and interactive.
	+ Check Cooking/Art Activity posts from Dr. Bolton, Ms. Benton, or Ms. Bigsby by Wednesday of each week, for a suggested activity.

11:00-11:30

* Lunch
	+ YouTube: Play ***Go Noodle’s Lunch Lunch Munch*** as a transition to lunch time.
		- Interactive dance video about lunch. We play every day! ☺
	+ Have child help prepare table/lunch, as he/she is able.
	+ Give child choices to practice making selections.
	+ For those who are verbal, have children practice saying “open please” or “help please.”
		- For those who can, practice using 3-5 word sentences, “Open my juice please.’ More specific requests.
	+ Remember to practice using feeding utensils and practicing holding utensils correctly, depending on the type of food.
	+ Remember to have children discard (throw away) his/her food and clean-up to practice independency.
	+ Bathroom break

11:30-12:00

* Recess
	+ Go outside!
		- If unable, have him/her play with toys as you choose and appropriately with others (siblings/parents).
		- Practice sharing, taking turns, and trading with parent or siblings, if applicable.

12:00-12:30

* Science/Technology/Cooking Time
	+ Fun Science Activity (Monday/Wednesday)
		- Check Pinterest or Google: Easy Prek Science Activities.
		- Currently discussing life cycles and living/nonliving in class.
			* YouTube: Search videos on life cycles frogs, butterflies, ladybugs, flowers, trees.
			* Example: YouTube search for The Very Hungry Caterpillar and discuss the life cycle of the butterfly.
	+ Tech Time (Tuesday/Thursday)
		- Tablet time
		- Educational TV time
		- Computer Time
		- Interactive Games (Check out the resources from the **Prek One Stop Shop** link in the Google Classroom).
	+ Social Time-Game with family (Friday)
		- You choose: Board Game, Interactive Game (Like musical chairs).
		- Your goal is to help children develop turn-taking skills and follow 1-2 step directions.
		- Also helps with practicing sportsmanship: How to handle disappointment if one loses or pride if one wins.

12:30-1:30

* Nap Time!
	+ Rest!
	+ Prepare activities for tomorrow.
	+ Scheduled conference or questions session with Dr. Bolton.
		- You will be provided a day and time. ☺

1:30-2:00

* Snack Time/Story Time 2
	+ Have child make bed, as he/she can.
	+ Bathroom Break
	+ Snack Time (Be sure to provide choices and have children use their words).
	+ Take this time to read another story or play a story online.

2:30

* Dismissal
	+ You did it! ☺

Relax, Relate, Repeat!

Dr. Bolton ☺